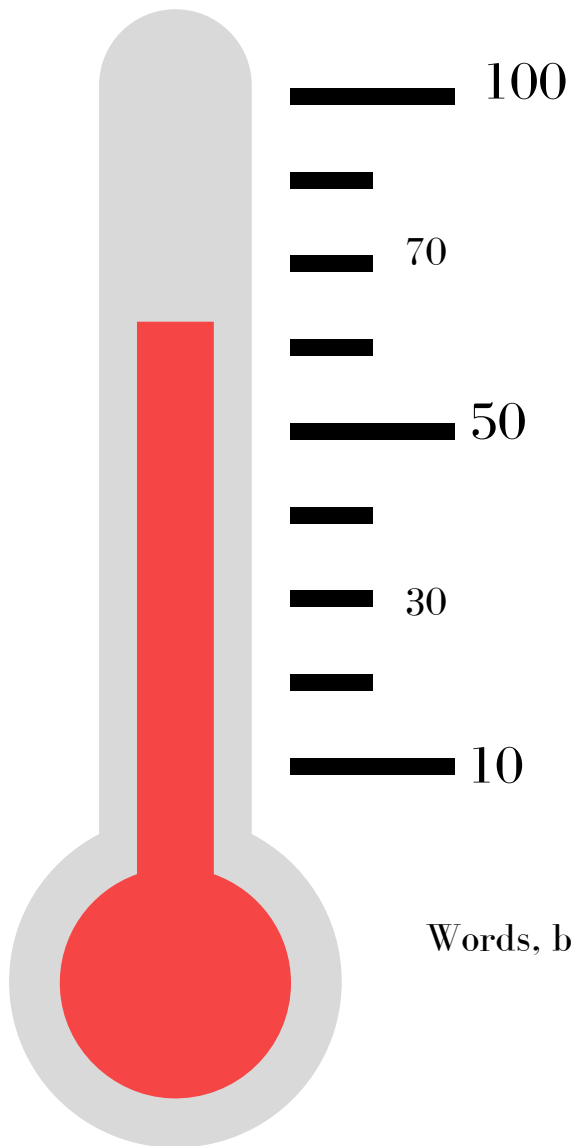


Signs I'm Going from 0 to 100

I know that I am at a 100 when:

Words, behaviors, situations that bring me to a 100:



I know that I am at a 50 headed to 60 when:

Words, behaviors, situations that bring me to a 60:

I know that I am at a 20 headed to 30 when:

Words, behaviors, situations that bring me to a 30: